<table>
<thead>
<tr>
<th>Samskaara</th>
<th>Karmaangas</th>
<th>Objective / Desire</th>
<th>Timing</th>
<th>Performer</th>
<th>Thithi</th>
<th>Star</th>
<th>Day</th>
<th>Devatha</th>
<th>Agni</th>
</tr>
</thead>
<tbody>
<tr>
<td>GARBHA-ADHAANA</td>
<td>*Guru-Ganesh-Maatrikaa Pooja *nandee shraaddda *swasthi-punyaaha vaachan * Soorya dashan/upaasnam *aajya /charu homa : offerings to Prajaapatthi, Vishnu. * administration of durva grass (cynodon dactylon) / ashwagandha (withania Somnifer) juice *brahmana Bhojan-dakshina mantraakshatha * prathama samagama</td>
<td>*Purification of the womb, seed (beeya/ kshetra). * to promote health of The mother &amp; child * to beget brilliant children</td>
<td>*5th- 16th days after Menstru- ation. *Even days if male child is desired. *Couple should be in good health</td>
<td>husband</td>
<td>2,3,5,7</td>
<td>Rohinee Uttara Hastha Swathee Anu. u.shadha shravana shatabhis ha u.bhadra</td>
<td>Mon. Wed. Thurs Friday</td>
<td>Brahma Prajaapathi vishnu</td>
<td>Marutha</td>
</tr>
<tr>
<td>PUMSAVANA</td>
<td>*Guru-Ganesh-Maatrikaa Pooja *nandee shraaddda *swasthi-punyaaha vaachan *aajya /charu homa : offerings to Prajaapatthi, Vishnu * dadhi praashan – seeking male child * hridaya-/garbhaashaya sparsha vidhi</td>
<td>* seeking worthy prodigy *creating awareness of ‘manhood’ in the child</td>
<td>Second / third month of pregnancy</td>
<td>husband</td>
<td>2,3,5,7, 10 shukla paksha desired</td>
<td>Ashwin Rohinee Mrigashir Pushya Uttara Hastha chitra swathi</td>
<td>Mon Wed Fri</td>
<td>Prajaapatthi Vaayu vishnu</td>
<td>Pava maana</td>
</tr>
<tr>
<td>ANAVALOBHAN</td>
<td>*Guru-Ganesh-Maatrikaa Pooja *nandee shraaddda *swasthi-punyaaha vaachan *aajya /charu homa : offerings to Prajaapatthi, Brahma, Vishnu. * administration of durva grass (cynodon dactylon) / hridaya-/garbhaashaya sparsha vidhi</td>
<td>*preventing miscarriage *protecting the child *preventing deformities *driving away evil forces</td>
<td>Second month of pregnancy</td>
<td>husband</td>
<td>2,3,5,7, 10 shukla paksha desired</td>
<td>Ashwin Rohinee Mrigashir Pushya Uttara Hastha chitra swathi</td>
<td>Mon Wed Fri</td>
<td>Agni Brahma Vishnu Prajaapatthi</td>
<td>Pava maana</td>
</tr>
<tr>
<td>SEEMANTHO-NNAYANA</td>
<td>*Guru-Ganesh-Maatrikaa Pooja *nandee shraaddha *swasthi-punyaaha vaachan *aajya /charu homa : offerings to Prajaapathi, dhatva, Vishnu. Prithvee * administration of durva grass (cynodon dactylon) / *cleansing panchasandhi</td>
<td>* promoting mother’s Physical, mental health *promoting child’s health</td>
<td>6,8,9 months of Pregnancy</td>
<td>husband</td>
<td>2,3,5,7, 10</td>
<td>Ashwin Rohinee Uttara Hasthaa Chitra Swathee Shravana revathee</td>
<td>Sun Thurs</td>
<td>Dhaatha Vishnu Prithvee Prajaapathi</td>
<td>Mangala</td>
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<tr>
<td>JAATHAKARMA</td>
<td>*umbilical cord cut, bath given *child is given honey &amp; ghee rubbed with gold. spoon/rod *a name is uttered in child’s ears *sniffing the crown of the child by the father</td>
<td>*removal of impurities caused /disorders caused in pregnancy *seek good health &amp; prosperity for the new born</td>
<td>At birth Before breast feed</td>
<td>Father</td>
<td>-</td>
<td>-</td>
<td>-</td>
<td>Mrityu Indra Savitr’ Saraswa-thee</td>
<td>Prabala</td>
</tr>
<tr>
<td>SHASTEE POOJA</td>
<td>Only Namaavalee pooja (since there is ashoucha for 10 nights)</td>
<td>Child’s protection</td>
<td>6” day after birth</td>
<td>Father</td>
<td>-</td>
<td>-</td>
<td>-</td>
<td>Shastee Ganesh Janmadaa jeevantik aa</td>
<td>-</td>
</tr>
<tr>
<td>NAMAKARANA</td>
<td><em>Guru-Ganesh-Maatrikaa Pooja</em></td>
<td><em>granting an identity to the child</em></td>
<td>11\textsuperscript{th} / 12\textsuperscript{th} Day after birth</td>
<td>Father</td>
<td>Avoid : Guru, Ganesh, Maatrikaa Pooja</td>
<td>Savithr' Vashatha Maasa naama</td>
<td>Paarthiva</td>
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<tr>
<td><em>nandee shraaddha</em></td>
<td></td>
<td><em>promoting physical &amp; intellectual growth</em></td>
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<tr>
<td><em>swasthi-punyaaha vaachan</em></td>
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<tr>
<td><em>aajiya /paayasa homa : offerings to savitr' devathaa</em></td>
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<tr>
<td><em>Guru-Ganesh-Maatrikaa Pooja</em></td>
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<thead>
<tr>
<th>NISHKARAMAN</th>
<th><em>swasthi-punyaaha vaachan</em></th>
<th><em>developing mental faculties</em></th>
<th>4\textsuperscript{th} month after birth</th>
<th>Father</th>
<th>Birth star date</th>
<th>Savitr' Dik-paalaka Osha-dhee</th>
<th>Loukika</th>
</tr>
</thead>
<tbody>
<tr>
<td><em>Savitr’ &amp; ashta-dikpalak pooja</em></td>
<td></td>
<td><em>seeking longevity</em></td>
<td></td>
<td></td>
<td>Birth date</td>
<td>Savitir’ Dik-paalaka Osha-dhee</td>
<td>Loukika</td>
</tr>
<tr>
<td><em>agni, Chandra, dhenu darshan</em></td>
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<td></td>
<td></td>
<td></td>
<td>Birth date</td>
<td>Savitir’ Dik-paalaka Osha-dhee</td>
<td>Loukika</td>
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<tr>
<td><em>visit to kula/graama devatha</em></td>
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<td></td>
<td>Birth date</td>
<td>Savitir’ Dik-paalaka Osha-dhee</td>
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<tr>
<td><em>Guru-Ganesh-Maatrikaa Pooja</em></td>
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<td></td>
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<td>Birth date</td>
<td>Savitir’ Dik-paalaka Osha-dhee</td>
<td>Loukika</td>
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<tr>
<td><em>Annapraashana – mix of rice, ghee,honey &amp; curd</em></td>
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<td></td>
<td></td>
<td>Birth date</td>
<td>Savitir’ Dik-paalaka Osha-dhee</td>
<td>Loukika</td>
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<tr>
<td><em>jeevikaa pareeksha</em></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Birth date</td>
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<td>Loukika</td>
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<thead>
<tr>
<th>ANNA-PRAASHANA</th>
<th><em>Guru-Ganesh-Maatrikaa Pooja</em></th>
<th><em>physical / intellectual growth</em></th>
<th>6\textsuperscript{th} / 8\textsuperscript{th} month</th>
<th>Father</th>
<th>2,3,5,7, 10,13</th>
<th>Ashwini Rohini Mrig. Pun. Pushya Uttara Swathi</th>
<th>Shuchi</th>
</tr>
</thead>
<tbody>
<tr>
<td><em>nandee shraaddha</em></td>
<td></td>
<td><em>longevity</em></td>
<td></td>
<td></td>
<td>Birth star date</td>
<td>Savitir’ Dik-paalaka Osha-dhee</td>
<td>Loukika</td>
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<tr>
<td><em>swasthi-punyaaha vaachan</em></td>
<td></td>
<td><em>securing brahma tejas</em></td>
<td></td>
<td></td>
<td>Birth star date</td>
<td>Savitir’ Dik-paalaka Osha-dhee</td>
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<td>Loukika</td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>KARNAVEDHA</th>
<th>Prayers : brahma, Vishnu, rudra soorya, Chandra, ashwinee <em>guru,ganesha,kula-devatha</em> <em>felicitating vishwakarmee</em></th>
<th><em>seeking longevity, luster, brilliance</em></th>
<th>6,7,8\textsuperscript{th} month</th>
<th>Father</th>
<th>3,5,7, 10,13</th>
<th>Mr. Aandra Pun. Pushya Uttara chitra</th>
<th>Shuchi</th>
</tr>
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<tbody>
<tr>
<td><em>nandee shraaddha</em></td>
<td></td>
<td><em>building resistance to diseases</em></td>
<td></td>
<td></td>
<td>3,5,7, 10,13</td>
<td>Mr. Aandra Pun. Pushya Uttara chitra</td>
<td>Shuchi</td>
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<td><em>swasthi-punyaaha vaachan</em></td>
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<td>Mr. Aandra Pun. Pushya Uttara chitra</td>
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<td><em>aajiya homa</em></td>
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<td>3,5,7, 10,13</td>
<td>Mr. Aandra Pun. Pushya Uttara chitra</td>
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<tr>
<td><em>vapan (hair cut )</em></td>
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<td><em>felicitating naapitha</em></td>
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<td>3,5,7, 10,13</td>
<td>Mr. Aandra Pun. Pushya Uttara chitra</td>
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<thead>
<tr>
<th>CHOODAA-KARMA</th>
<th><em>Guru-Ganesh-Maatrikaa Pooja</em></th>
<th><em>seeking longevity, luster, brilliance</em></th>
<th>2\textsuperscript{nd} / 5\textsuperscript{th} year</th>
<th>Naapitha</th>
<th>2,3,5,7, 10,13</th>
<th>Mr. Pun. Hastha Chithra Shravana Dhani.</th>
<th>Shubhya</th>
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<tbody>
<tr>
<td><em>nandee shraaddha</em></td>
<td></td>
<td>* seeking good health*</td>
<td></td>
<td></td>
<td>2,3,5,7, 10,13</td>
<td>Mr. Pun. Hastha Chithra Shravana Dhani.</td>
<td>Shubhya</td>
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<tr>
<td><em>swasthi-punyaaha vaachan</em></td>
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<td>2,3,5,7, 10,13</td>
<td>Mr. Pun. Hastha Chithra Shravana Dhani.</td>
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<tr>
<td><em>aajiya homa</em></td>
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<td>2,3,5,7, 10,13</td>
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<td>Mr. Pun. Hastha Chithra Shravana Dhani.</td>
<td>Shubhya</td>
</tr>
</tbody>
</table>
| VIDYA-ARAMBHA | *Guru-Ganesh-pooja  
*swasthi-punyaaha vaachan  
*Guru pooja, archana  
*initiation with ‘omkaar’ | *Acquiring wisdom &  
Good education  
*health, long life | 5th year | father | 2,3,5,7,  
10,13  
Shukla  
paksha  
Uttara  
ayan | Ashwini,  
Aandra  
Pun.  
Hastha-  
swaathi  
anuradha  
Shravana  
Revathee | Mon  
Wed  
Thurs  
Fri | Ganesh  
Saraswath  
Durga  
Lakshmi | Paavaka |
| UPANAYANA | *Guru-Ganesh-Matrikaa Pooja  
*nandee shraaddha  
*swasthi-punyaaha vaachan  
*maat’ bhojan, vapan,  
*yajnopaveeta, ajina, munjee,  
Danda, dhaaran  
*aajya homa, aadithya darshan  
*Savitree manthropadesh  
*Agini kaarya, medhaa janan  
*brahmacharya vratha | *acquiring ‘dwijathwa’,  
*Elibility for vedic  
education  
*perform vedic rituals  
*seeking good health,  
brilliance, long life | 8-16 years | Father  
p.grandfather/  
p.uncle/brother/  
guru | 2,3,5,7,  
10,13 | Ashwini  
Rohini  
Mrig  
Pun.  
Pushya  
Uttara  
Swathi  
Anu.  
.u.shadha  
revathee | Wed  
Thurs  
Fri | Savitr’,  
indra,  
agni  
Brahma  
Rudra  
Aadithya  
Shraddha  
Medha  
Mitra  
varuna  
Ashwini | Samudbhava |
| VEDA VRATHAS | *Guru-Ganesh-Matrikaa Pooja  
*nandee shraaddha  
*swasthi-punyaaha vaachan  
*aajya, krisaraanna, charu  
*homa  
*soorya darshana, bhiksha  
*keshantha & godaana | *seeking blessings for  
completing education  
* protection of ‘vatu’ –  
*Mental, physical  
toughness | 13th, 14th  
15th & 16th  
years after  
Commencement of vedic | Brahma-  
chaari | 2,3,5,7,  
10,13  
Shukla  
paksha  
Uttara  
ayan | Ashwini  
Pun.  
Hastha  
Swathi  
Anu.  
Shravana  
revathee | Wed  
Thurs  
Fri | Savitr,  
Agni  
Prajaapathi  
Indra  
Prithvee  
Vishve-devathas | Samudbhava  
Soorya |
| SAMAVARTHAN | *Guru-Ganesh-Matrikaa Pooja  
*swasthi-punyaaha vaachan  
*aajya homa  
*samaavarthan, choula  
*Vratha-lopa prayaschittha  
*naataka dharma pratijna | *retiring from  
brahmacharya  
*Seeking approval of  
guru/elders to enter  
grahastaashrama | After  
Completing  
education | Brahma-  
chaari | 2,3,5,6,  
7,13 | Rohinee  
Mrig.  
Pun.  
Pushya  
Uttara  
Hasthha  
shravana | Sun  
Mon  
Wed.  
Thurs  
. | Agni  
Pavaamaan  
Indra  
Savitr  
Vishve-devathas | Soorya |
| PAANIGRAHAN | *Guru-Ganesh-Maatrika Pooja  
* nandee shraadha  
* swasthi-punyaaha vaachan  
* madhu parka,  
* kanya prathipaadan  
* paanigrahana  
* Laja homa, agni parinayana  
* Sapthapadee, shirodhaaraa  
* Vivaaha vratha,  
* grihapraveshaneeeya homa  
* lakshmee- pooja  
* naaga lakshmee pooja  | * progression in life  
* seeking health, long life  
* continuation of lineage  
* Grihasthashrama Dharma  | Bride- 18 years  
Groom -25 years  | Brides’ father/  
p.grand father/ uncle/  
2,3,5,7,  
10  | Avoid:  
janma maasa  | Mon  
Wed  
Thurs  
Fri  | brahma  
Vishnu  
soorya  
Praja- 
patih,  
agni  
Varuna  
Indra  
Vishv- 
devathas  |
| VAANA-PRASTHA | *Guru-Ganesh-Maatrika Pooja  
* swasthi-punyaaha vaachan  
* AAjya homa  
* engaging in vedic learning & teachings, yoga, biksha  | *Retiring from grihasthaashrama & Proceeding to a ‘vana’  
*self-realisation  | After 60 yrs.  
After male Grandchild is born  | Self  
Avoid:  
Grhan Shradhha  | -  | Mon  
Wed  
Thurs  
Fri  | Aaditya  
Saraswat hee  
Pooshna  
Twastra  | Praja- 
pathi  |
| SANYAASA | *Praajapathyeshti – discarding Yajnopaveetha, shikha  
*aajya homa, vapana, snaana, Danda dhaarana  
*withdrawing aarhapathyaaagni, aahavaneeya, dakshninaagni unto the self.  
*Relinquishing all earthly ties.  | *seeking oneness with The Supreme.  
*sathyopadesha’ mission  | Whenever One attains ‘vairaagya’  
self  | Avoid:  
Grhan Shradhha  | -  | Mon  
Wed  
Thurs  
Fri  | Agni  
Prjaaraa- 
pathi  | Aadithya  
Prjaaraa- 
pathi  
Saraswat hee  |
| ANTHYESHTI | *Snana, vasthra, alankaara  
*Dahana  
*Asthi sanchayana on 3rd day  
*dashaaha vidhi  
*shraaddda, daana, braahmana aaradhana  
*sapindeekaran  | *purification of the dead body  
* facilitating smooth voyage  
*fulfillment of ‘pitr’ runa  | After death  
Male child  | -  
-  
-  | Agni  
Prjaaraa- 
pathi  | Agni  
Prjaaraa- 
pathi  
Pava- 
maana  |
Note: (1) The table here above is only indicative & not comprehensive. (2) An appropriate date for performance of these samskaaras has to be determined after consulting the horoscope of the performer / the person for whose benefit it is being performed. (3) While the basic principles involved are valid, practices might vary from region to region and time to time (4) Braahmana bhojana, daana, dakshina and manthraakshatha form an essential part of these samskaaras excepting jaathakarma & shastee pooja since they are performed during ‘ashoucha’ period. In lieu of the meal they may be offered a kit containing everything that goes into a meal.