

Samskaara	Karmaangas	Objective / Desire	Timing	Performer	Thithi	Star	Day	Devatha	Agni
GARBHA-ADHAANA	<ul style="list-style-type: none"> <li>*Guru-Ganesh-Maatrikaa Pooja</li> <li>*nandee shraaddha</li> <li>*swasthi-punyaaha vaachan</li> <li>* Soorya darshan/upaasanam</li> <li>*aajya /charu homa : offerings to Prajaapathi, Vishnu.</li> <li>* administration of durva grass (cynodon dactylon) / ashwagandha (withania Somnifera) juice</li> <li>*braahmana Bhojan-dakshina mantraakshatha</li> <li>* prathama samagama</li> </ul>	<ul style="list-style-type: none"> <li>*Purification of the womb, seed (beeja/kshetra).</li> <li>* to promote health of The mother &amp; child</li> <li>* to beget brilliant children</li> </ul>	<ul style="list-style-type: none"> <li>*5<sup>th</sup> - 16th days after Menstruation.</li> <li>*Even days if male child is desired.</li> <li>*Couple should be in good health</li> </ul>	husband	2,3,5,7	Rohinee Uttara Hastha Swathee Anu. u.shadha shravana shatabhis ha u.bhadra	Mon. Wed. Thurs Friday	Brahma  Prajaa- pathi  vishnu  Oshadhe e	Marutha
PUMSAVANA	<ul style="list-style-type: none"> <li>*Guru-Ganesh-Maatrikaa Pooja</li> <li>*nandee shraaddha</li> <li>*swasthi-punyaaha vaachan</li> <li>*aajya / charu homa : offerings to Prajaapathi, Vishnu</li> <li>* dadhi praashan – seeking male child</li> <li>* hridaya-/garbhaashaya sparsha vidhi</li> </ul>	<ul style="list-style-type: none"> <li>* seeking worthy prodigy</li> <li>*creating awareness of ‘manhood’ in the child</li> </ul>	Second / third month of pregnancy	husband	2,3,5,7, 10  shukla paksha desired	Ashwin Rohinee Mrigashir Pushya Uttara Hastha chitra swathi	Mon Wed Fri	Prajaa- pathi  Vaayu  vishnu	Pava- maana
ANAVALOBHAN	<ul style="list-style-type: none"> <li>*Guru-Ganesh-Maatrikaa Pooja</li> <li>*nandee shraaddha</li> <li>*swasthi-punyaaha vaachan</li> <li>*aajya /charu homa : offerings to Prajaapathi, Brahma, Vishnu.</li> <li>* administration of durva grass (cynodon dactylon) /</li> <li>* hridaya-/garbhaashaya sparsha vidhi</li> </ul>	<ul style="list-style-type: none"> <li>*preventing miscarriage</li> <li>*protecting the child</li> <li>*preventing deformities</li> <li>*driving away evil forces</li> </ul>	Second month of pregnancy	husband	2,3,5,7, 10  shukla paksha desired	Ashwin Rohinee Mrigashir Pushya Uttara Hastha chitra swathi	Mon Wed Fri	Agni  Brahma  Vishnu  Prajaa- pathi	Pava- maana

SEEMANTHO- NNAYANA	*Guru-Ganesh-Maatrikaa Pooja *nandee shraaddha *swasthi-punyaaha vaachan *aajya /charu homa : offerings to Prajaapathi, dhatha, Vishnu. Prithvee * administration of durva grass (cynodon dactylon) / *cleansing panchasandhi	* promoting mother's Physical, mental health *promoting child's health	6,8,9 months of Pregnancy	husband	2,3,5,7, 10	Ashwin Rohinee Uttara Hastha Chitra Swathee Shravana revathee	Sun Thurs	Dhaatha Vishnu Prithvee Prajaapathi	Mangala
VISHNU BALI	*Guru-Ganesh-Maatrikaa Pooja *nandee shraaddha *swasthi-punyaaha vaachan *aajya /paayasa homa : offerings to Prajaapathi, soma, Vishnu. *cleansing panchasandhi * kalasha, Vishnu pooja	* Safe child birth *begetting child like 'Mahaa Vishnu'	8, 9 months of Pregnancy	husband	2,3,5,7, 10	Ashwini, Rohinee Mrig. Hastha Chithra Swathi Shravana Revathee	Mon Wed Fri	Vishnu Prajaapathi Soma	Aavahaneeya
JAATHAKARMA	*umbilical cord cut, bath given *child is given honey & ghee rubbed with gold. spoon/rod *a name is uttered in child's ears *sniffing the crown of the child by the father	*removal of impurities caused /disorders caused in pregnancy *seek good health & prosperity for the new born	At birth Before breast feed	Father	-	-	-	Mrityu Indra Savitr' Saraswathee	Prabala
SHASTEE POOJA	Only Namaavalee pooja (since there is ashoucha for 10 nights)	Child's protection	6 <sup>th</sup> day after birth	Father	-	-	-	Shastee Ganesh Janmada a jeevantik aa	-

NAMAKARANA	*Guru-Ganesh-Maatrikaa Pooja *nandee shraaddha *swasthi-punyaaha vaachan *aajya /paayasa homa : offerings to savitr' devathaa *Guru-Ganesh-Maatrikaa Pooja	*granting an identity to the child *promoting physical & intellectual growth	11 <sup>th</sup> / 12 <sup>th</sup> Day after birth	Father		Avoid : Grahan Amaa- vaasya Shraaddh a	-	Savitr' Vashatha Maasa naama	Paarthiva
NISHKARAMAN	*swasthi-punyaaha vaachan *Savitr' & ashta-dikpaalak pooja *agni, Chandra, dhenu darshan *visit to kula/graama devatha	*developing mental faculties *seeking longevity	4 <sup>th</sup> month after birth	Father		Birth star	Birth date	Savitr' Dik- paalaka Osha- dhee	Loukika
ANNA- PRAASHANA	*Guru-Ganesh-Maatrikaa Pooja *nandee shraaddha *swasthi-punyaaha vaachan *Annapraashana – mix of rice, ghee,honey & curd *jeevika pareeksha	*physical / intellectual growth *longevity *securing brahma tejas	6 <sup>th</sup> / 8 <sup>th</sup> month	Father	2,3,5,7, 10,13	Ashwini Rohini Mrig. Pun. Pushya Uttara Swathi	Mon Wed Thurs Fri	Savitr'	Shuchi
KARNAVEDHA	Prayers : brahma, Vishnu, rudra soorya, Chandra, ashwinee *guru,ganesh,kula-devatha *felicitating vishwakarmee	*seeking longevity, luster, brilliance *building resistance to diseases	6,7,8 <sup>th</sup> month	Father Gold- smith	3,5,7, 10,13 15 Shukla paksha	Mri. Aardra Pun. Pushya Uttara chitra	Mon Wed Thurs Fri .	Trinity Saraswa- thee Ashwini Dikpalak	
CHOODAA- KARMA	*Guru-Ganesh-Maatrikaa Pooja *nandee shraaddha *swasthi-punyaaha vaachan *aajya homa *vapan (hair cut ) *felicitating naapitha	*seeking longevity, luster, brilliance * seeking good health	2 <sup>nd</sup> / 5 <sup>th</sup> year	Naapitha	2,3,5,7, 10,13  Shukla paksha Uttara ayan	Mri. Pun. Hastha Chithra Shravana Dhani.	Mon Wed Thurs Fri	Keshina Praja- pathi, agni Vaayu Oushadhi	Sabhya

VIDYA- ARAMBHA	*Guru-Ganesh-pooja *swasthi-punyaaha vaachan *Guru pooja, archana *initiation with 'omkaar'	*Acquiring wisdom & Good education *health, long life	5 <sup>th</sup> year	father	2,3,5,7, 10,13  Shukla paksha Uttara ayan	Ashwini, Aardra Pun. Hastha- swaathi anuradha Shravana Revathee	Mon Wed Thurs Fri	Ganesh Saraswa- thee Durga Lakshmi	Paavaka
UPANAYANA	*Guru-Ganesh-Maatrikaa Pooja *nandee shraaddha *swasthi-punyaaha vaachan *maat' bhojan, vapan, *yajnopaveeta, ajina, munjee, Danda, dhaaran *aajya homa, aadithya darshan *Savithree manthropadesh *Agni kaarya, medhaa janan *brahmacharya vratha	*acquiring 'dwijathwa', *Elibility for vedic education *perform vedic rituals *seeking good health, brilliance, long life	8-16 years	Father p.grand father/ p.uncle/ brother/ guru	2,3,5,7, 10,13	Ashwini Rohini Mrig Pun. Pushya Uttara Swaathi Anu. u.shadha revathee	Wed Thurs Fri	Savitr', indra, agni Brahma Rudra Aadithya Shraddha Medhaa Mitra- varuna Ashwini	Samud- bhava
VEDA VRATHAS  Mahanaamnee Mahaavratha Upanishad Goudaanika	*Guru-Ganesh-Maatrikaa Pooja *nandee shraaddha *swasthi-punyaaha vaachan *aajya, krisaraanna, charu homa *soorya darshana, bhiksha *keshantha & godaana	*seeking blessings for completing education * protection of 'vatu' – *Mental, physical toughness	13 <sup>th</sup> ,14 <sup>th</sup> 15 <sup>th</sup> & 16 <sup>th</sup> years after Commenc ement of vedic	Brahma- chaari	2,3,5,7, 10,13  Shukla paksha Uttara ayan	Ashwini Pun. Hastha Swathi Anu. Shravana revathee	Wed Thurs Fri	Savitr, Agni Prajaa- pathi Indra Prithvee Vishve- devathas	Samud- bhava Soorya
SAMAVARTHAN	*Guru-Ganesh-Maatrikaa Pooja *swasthi-punyaaha vaachan *aajya homa *samaavarthan, choula *Vratha-lopa prayaschittha *snaataka dharma pratijna	*retiring from brahmacharya *Seeking approval of guru/elders to enter grahasthaashrama	After Completing education	Brahma- chaari	2,3,5,6, 7,13	Rohinee Mrig. Pun. Pushya Uttara Hastha shravana	Sun Mon Wed. Thurs .	Agni Pava- maan Indra Savitr Vishve- devathas	Soorya

PAANIGRAHAN	<ul style="list-style-type: none"> <li>*Guru-Ganesh-Maatrikaa Pooja</li> <li>*nandee shraaddha</li> <li>*swasthi-punyaaha vaachan</li> <li>* madhu parka,</li> <li>*kanyaa prathipaadan</li> <li>*paanigrahana</li> <li>*Laja homa, agni parinayana</li> <li>*Sapthapadee, shirodhaaraa</li> <li>*Vivaaha vratha,</li> <li>*grihapravesaneeya homa</li> <li>* lakshmee- pooja</li> <li>*naaga lakshmee pooja</li> </ul>	<ul style="list-style-type: none"> <li>* progression in life</li> <li>*seeking health, long life</li> <li>* continuation of lineage</li> <li>* Grihasthashrama Dharma</li> </ul>	<p>Bride- 18 years</p> <p>Groom -25 years</p>	Brides' father/ p.grand father/ uncle/	2,3,5,7, 10	<ul style="list-style-type: none"> <li>Rohinee Mri.</li> <li>Maghaa Uttara</li> <li>Hastha swaathi</li> <li>anuradha</li> <li>Revathee</li> <li>Avoid janma Nakshtra</li> </ul>	<p>Mon Wed Thurs Fri</p>	<ul style="list-style-type: none"> <li>brahma</li> <li>Vishnu soorya</li> <li>Praja-pathi,</li> <li>agni</li> <li>Varuna</li> <li>Indra</li> <li>Vishw-devathas</li> </ul>	Yojika
VAANA-PRASHTHA	<ul style="list-style-type: none"> <li>*Guru-Ganesh-Maatrikaa Pooja</li> <li>*swasthi-punyaaha vaachan</li> <li>*AAjya homa</li> <li>*engaging in vedic learning &amp; teachings, yoga, bikshaa</li> </ul>	<ul style="list-style-type: none"> <li>*Retiring from grihasthaashrama &amp; Proceeding to a 'vana'</li> <li>*self-realisation</li> </ul>	<p>After 60 yrs.</p> <p>After male Grandchild is born</p>	Self	Avoid:	-	<p>Mon Wed Thurs Fri</p>	<ul style="list-style-type: none"> <li>Aaditya Saraswat hee</li> <li>Pooshna</li> <li>Twastraa</li> </ul>	Prajaa-pathi
SANYAASA	<ul style="list-style-type: none"> <li>*Praajapathyeshthi – discarding Yajnopaveetha, shikha</li> <li>*aajya homa, vapana, snaana, Danda dhaarana</li> <li>*withdrawing aarhpathyaagni, aahavaneeya, dakshninaagni unto the self.</li> <li>*Relinquishing all earthly ties.</li> </ul>	<ul style="list-style-type: none"> <li>*seeking oneness with The Supreme.</li> <li>*'sathyopadesha' mission</li> </ul>	<p>Whenever One attains 'vairaagya'</p>	self	Avoid:	-	<p>Mon Wed Thurs Fri</p>	<ul style="list-style-type: none"> <li>Agni Prajaa-pathi</li> </ul>	<ul style="list-style-type: none"> <li>Aadithya Prajaa-pathi</li> <li>Saraswat hee</li> </ul>
ANTHYESHTI	<ul style="list-style-type: none"> <li>*Snana, vasthra, alankaara</li> <li>*Dahana</li> <li>*Asthi sanchayana on 3<sup>rd</sup> day</li> <li>*dashaaha vidhi</li> <li>*shraaddha, daana, braahmana aaraadhana</li> <li>*sapindeekaran</li> </ul>	<ul style="list-style-type: none"> <li>*purification of the dead body</li> <li>* facilitating smooth voyage</li> <li>*fulfillment of 'pitru' runa</li> </ul>	After death	Male child	-	-	-	<ul style="list-style-type: none"> <li>Agni Prajaa-pathi</li> </ul>	<ul style="list-style-type: none"> <li>Agni Prajaa-pathi</li> <li>Pava-maana</li> </ul>

Note: (1) The table here above is only indicative & not comprehensive. (2) An appropriate date for performance of these samskaaras has to be determined after consulting the horoscope of the performer / the person for whose benefit it is being performed. (3) While the basic principles involved are valid, practices might vary from region to region and time to time (4) Braahmana bhojana, daana, dakshina and manthraakshatha form an essential part of these samskaaras excepting jaathakarma & shastee pooja since they are performed during 'ashoucha' period. In lieu of the meal they may be offered a kit containing everything that goes into a meal.

